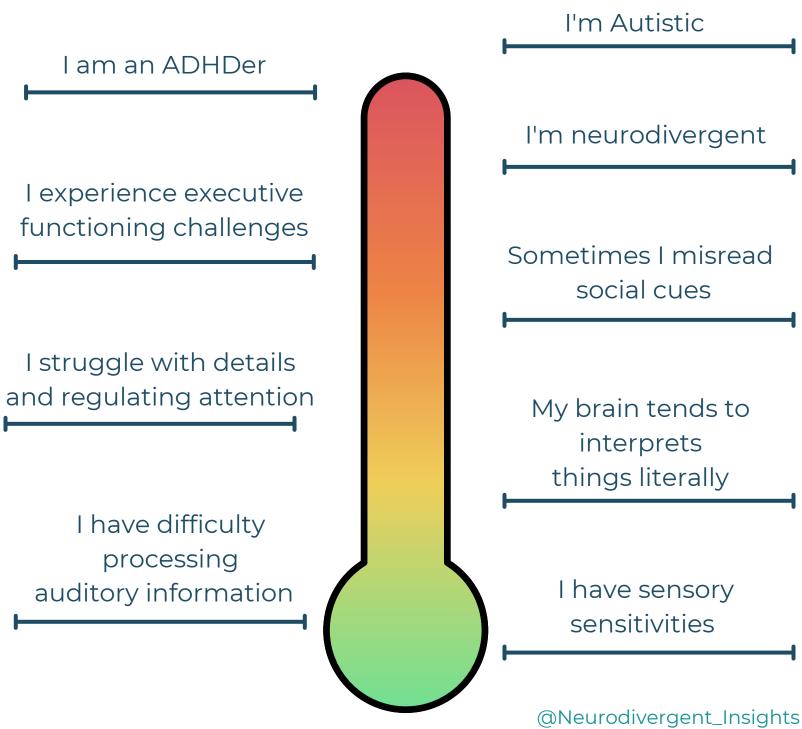
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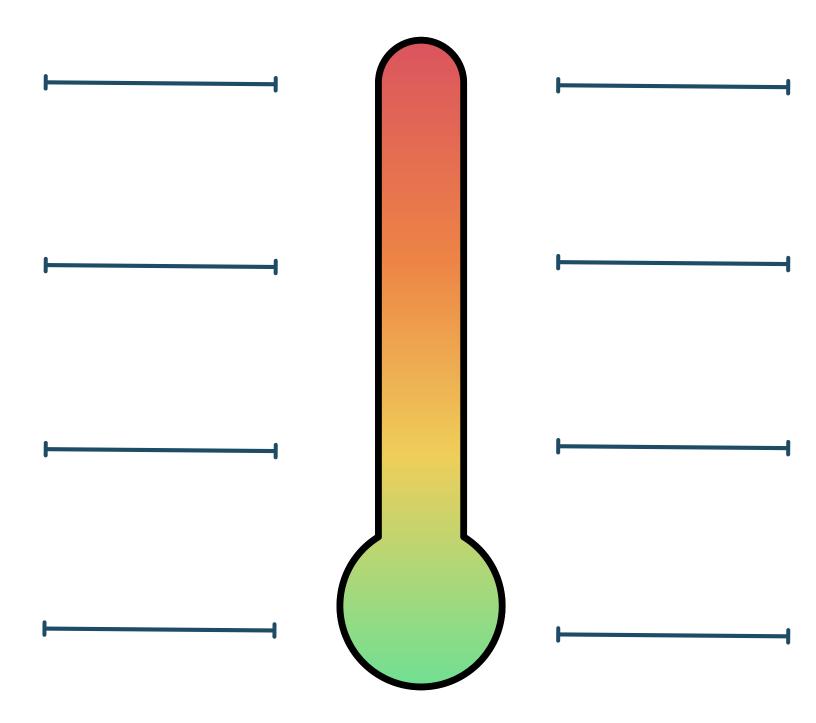
Self-disclosure occurs on a spectrum When selfadvocating we may choose to disclose a lot or disclose a bit less.



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Create your own hierarchy of self-disclosure.



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